

ASHA HOSPITAL

Road No.14, Banjara Hills, Hyderabad

CLINICAL TRAINING IN PSYCHOLOGY

NEXT BATCH STARTING ON May 2016

Candidates are requested to kindly take time to read the following carefully prior to committing themselves for the programme:

AIMS & OBJECTIVE OF THE COURSE:

- ψ *To provide supervised clinical exposure and experience to future psychologists*
- ψ *Develop professional outlook and systematic focus on mental health issues.*
- ψ *Provide theoretical inputs and hands-on clinical experience in specific areas of clinical psychology.*
- ψ *Improve skills to interview patients/clients in case-history taking and mental status examination.*
- ψ *Provide understanding of classification and aetiology of various disorders according to classification system of DSM-V and ICD-10.*
- ψ *Understand the signs and symptoms in abnormal psychology*
- ψ *Practical experience to various interventions and therapeutic strategies in clinical settings.*
- ψ *Provide case-management skills to students*
- ψ *Give a brief exposure to students of Psychology about their future career in mental health.*
- ψ *Useful base for those looking for future participation in the area of psychology or allied behavioral science (academics or practise)*

Eligibility:

- ψ *Postgraduate in Psychology (M.A/M.SC)*
- ψ *Graduation Students*
- ψ *Those from allied disciplines*
- ψ *Those with relevant work experience*
- ψ *Those with keen interest in the area of mental health*

STRUCTURE OF THE COURSE:

THEORY CLASSES – *15 THEORY CLASSES aimed at providing an overview of Psychiatric Disorders (Child/Adult/Geriatric) and understanding of functioning and malfunctioning of Human Behaviour*

PRACTICAL CLASSES - *Supervised management of psychiatric cases includes basic interview skills, history taking, systematic observation, family counselling, basic assessment, case formulation, psycho-education to patient and others*

LOG BOOK - *Each student is required to maintain a log book containing systematic data on the cases seen. These log books shall be taken into account by the faculty for the certification.*

EACH TRAINEE WILL BE PROVIDED WITH:

- *Schedule of academic activities & relevant study material for theory classes*
- *Comprehensive classes in audio-visual mode by experienced faculty*
- *Clinical tools/scales required to use during their training*
- *Supervised Interface opportunity with psychiatric patients and their families*
- *First hand opportunity to interact and understand the work ambience of a clinical set-up*
- *Observation of execution areas of Clinical Psychology (history talking, therapy, assessment, follow-up etc)*
- *Opportunity to attend case-presentations and seminars conducted during the period*
- *Certificate on successful completion of the course*

DAY VISIT TO THE FOLLOWING CENTRES:

(Optional; Transport is the responsibility of the trainee)

- ❖ **ASHA JYOTI REHABILITATION CENTRE** - Half-way home for the chronically ill; situated near Shamshabad, Hyderabad
- ❖ **ASHA DRUG AND ALCOHOL REHABILITATION CENTRE** - Substance abuse rehabilitation centre; situated at Jubilee hills, Hyderabad

Course Duration and timings: 10 Weeks

Theory classes (15 classes) are held on Monday, Wednesday and Friday at 9 am to 11 am.

- Practical classes are flexi-timed – the student has to choose from time slots between 8am to 7pm.

Placement: *Suitable candidates will be prioritized for placements when prospects arise. The hospital does not provide any promises of a job on completion of this course.*

Fees structure: 20,000/- (inclusive of study material, certification charges and examination fees)

Mode of payment: *Payable in cash at the time of admission. Payment in two instalments can be considered in special cases.*

ADMISSION PROCESS:

<p>BY HAND: In a sealed envelope addressed to: DR. PRAGYA RASHMI CLINICAL TRAINING IN PSYCHOLOGY ASHA HOSPITAL Road No.14, Banjara Hills, Hyderabad. pragyarashmi@gmail.com</p>	<p>PLEASE DOWNLOAD ADMISSION FORM FROM THE <u>FOLLOWING LINK -</u> http://ashahospital.org/clinical-training.html</p>
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Final Guidelines for joining – information to the candidates

- ❖ *Selection of students will be on first come first served basis plus a formal interview where applicable until a limit for each batch has been achieved.*
- ❖ *Selected candidates will be informed via e-mail and/or telephone.*
- ❖ *Candidates should kindly inform the institute of the acceptance of the internship and should complete admission formalities including deposition of fees by stipulated date.*
- ❖ *It is expected that only candidates who can commit themselves for the entire period of exposure join the program.*
- ❖ *Certification of any kind shall not be made available to candidates who discontinue the exposure for which they have joined, before completion of the entire course.*
- ❖ *This is not a counselling skills, therapy or psychological assessment training*

For further queries please contact between 5pm to 9pm:

Dr. Pragya Rashmi

Consultant Psychologist & Academics-in-charge

E-mail: pragyarashmi@gmail.com/ 9247432497